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# **SPECIALIST PERIODONTIST SERVICES FOR HEALTH GUMS**



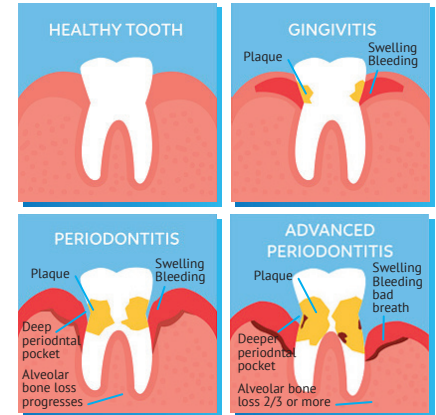
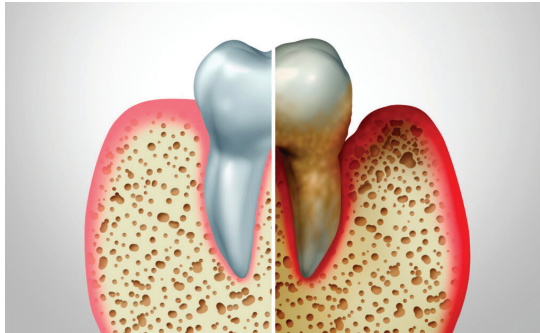
# WHY SEE A SPECIALIST PERIODONTIST?

Over 80% of the UK population have some form of gum disease and most of these are mild causes of gingivitis, which is inflammation of the gums where the gums around the teeth become very red and swollen. This can be treated with a good cleaning regime recommended by your hygienist.

Long-standing gingivitis can turn into periodontal disease and this is typically where a patient is referred to a Specialist Periodontist - a dentist who has undertaken additional training and achieved further qualifications in the areas of prevention, diagnosis and treatment of gum disease.

## WHAT TREATMENTS DO PERIODONTIST PROVIDE?

There are variety of types of periodontal disease that a Specialist Periodontist will consider when examining a patient and they all affect the tissues supporting the teeth. Preventing tooth loss is a priority because, if the disease gets worse the bone anchoring the teeth in he jaw is lost, making the teeth loose. If this is not treated, the teeth may eventually fall out.



Specialist Periodontists offer a wide ranger of treatments including:

- Scaling and root debridement - the cleaning of the infected root surfaces
- Regenerative procedures - the reversal of lost bone and tissue
- Cosmetic gum procedures - treatment of recession and crown lengthening

## WHY IS PREVENTING SEVERE GUM DISEASE IMPORTANT?

It is important to pre-empt the onset of severe gum disease to preserve natural teeth and it is believed that there are also potential links to other conditions including Diabetes, Heart Disease, Low birth weight and premature births. Therefore, gum care is even more important than originally thought.

**CROWN LENGTHENING** - A treatment to improve the appearance of an uneven gum line or 'gummy smile'; crown lengthening increases the length of short front teeth.

For some patients, this can be achieved by means of simple gingivectomy, a surgical procedure to remove loose infected and diseased gingival tissue, which eradicates gum infection. For cases where there is an excessive amount of gum on show, a more complex surgical procedure is required.



CROWN LENGTHENING



CROWN LENGTHENING

**MUCOGINGIVAL SURGERY** - This is a procedure to treat gum recession or shrinkage which can occur as a result of trauma or gingivitis in patients who have thin gums in particular.

Recession can, with some people, compromise the stability of the tooth. Treatment of recession is recommended when there is a risk of tooth loss or when the recession has led to the patient being unhappy with their appearance, such as the show of gum where they smile. Coverage of recession involves a minor surgical procedure that moves the adjacent gum over the recession.



MUCOGINGIVAL SURGERY



## DR RAMAN BHARDWAJ

Dr Raman Bhardwaj BDS (Bris), MFDS RCS (Eng), MCLinDent (Perio), MPerio RCS (Ed),  
Specialist in Periodontics, Special Interest in Implantology.

Raman graduated from Bristol Dental School in 2005. After completing vocational training, he worked as a Senior House Officer in oral surgery, Restorative Dentistry and Periodontics at various institutions including Bart's and the London School of Medicine and Dentistry and Birmingham Dental Hospital. In 2013, Raman completed his 4-year specialist training programme in Periodontics at King's College, London. This led to the award of Master of Clinical Dentistry (Periodontics) and Membership of Periodontics at the Royal College of Surgeons, Edinburgh. As a Specialist in Periodontics, Raman's treatments include the non-surgical and surgical management of gum disease, mucogingival surgery for treatment of gum recession, crown lengthening surgery, periodontal regeneration the placement of dental implants and treatment of implant complication. Raman has a very calm and patient manner and listens to patients' concerns, ensuring they are fully informed of the treatment plan and their options, we are so pleased to have Raman as part of our team.

If you are considering whether you could benefit from seeing a periodontist, you can book a free informal conversation with Samantha our Treatment Care Co-Ordinator, or you can book a full periodontal consultation with Raman. Please call **01491 680412** or email [manager@bywyasdenal.co.uk](mailto:manager@bywyasdenal.co.uk)

**A Periodontal Consultation** with our specialist is £150 (£135 for Byways members) and Periodontal treatment - POA

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Having experienced bleeding and painful gums for a long time, I was so impressed with the way Raman explained everything to me. From a position of losing several teeth he has managed to save them. They are now less mobile and easier to clean. The treatment was painless and the detail and explanation given on how to look after my teeth has been fantastic. Now I have a smile I can be proud of again.

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